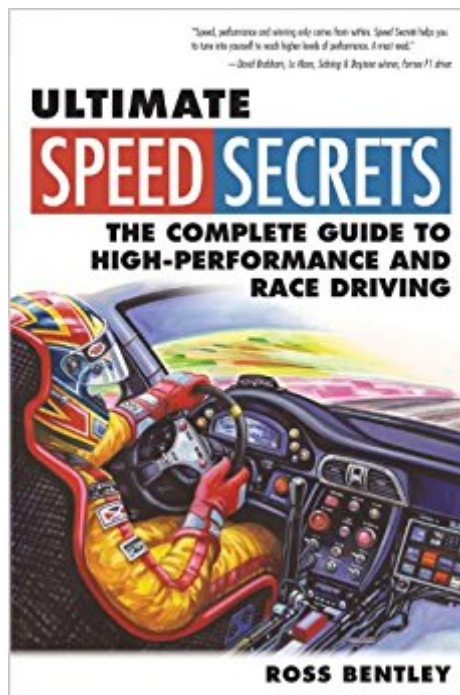




The book was found

Ultimate Speed Secrets: The Complete Guide To High-Performance And Race Driving



Synopsis

Ultimate Speed Secrets is the drivers' guide to going faster! Professional race instructor Ross Bentley has raced everything from Indy cars to world sports cars and has the experience to make any racer a more complete driver. With detailed drills and comprehensive instructions, Bentley covers everything you need to know: choosing lines; adapting to different cars, tracks, and racing conditions; setting up controls; and understanding car adjustments and mental preparation. Whether you are racing an Indy car or simply interested in becoming a more complete driver on the street, Ultimate Speed Secrets will give you the information you need to succeed!

Book Information

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Customer Reviews

"If you are a track-day driver or a regular racer, I guaranteed the \$20 or less you pay for his book will be the most cost-effective way to lower your lap time you ever invested." - Keith Martin's Sports Car Market
"This new book presents more racing knowledge in an easy to comprehend, adapt and use than any previous ones over decades of racing. It is not a quick read but an excellent one with much to ponder, reflect on and put into practice. After each track session you'll probably return to it to further hone your skills and fitness both mental and physical. It is complete coaching for the vintage or amateur and it also has many items for the serious aspiring oval or road racer. This means team building, team dynamics, sponsors and sponsorships and much more. It has much to offer the vintage racer no matter the type of car or the intensity of the competition. Buy it, read it, practice the info and you'll be a safer, quicker and more satisfied race car driver." - Vintage Oval

Racing – Ross Bentley’s Speed Secrets series of coaching books are a favorite around our office: they really help the driver to grasp what it takes to win. From cornering to the business of racing, Ross has covered it all. Ultimate Speed Secrets is a condensed version of all of his previous books and serves as a good refresher for those of us who haven’t read his back catalog in years. Put it on your shelf, or in your gear bag for those long nights before the big race.

• Grassroots Motorsports – “Virtually everyone who races wants to improve their technique and lap times. Ross Bentley is one of the best-known racing instructors who has been able to put to words what he teaches in person, down to choosing lines and adapting to different cars and trucks. This is the latest version of his previous work with completely new text, photos and diagrams. Well worth the read to get your needed speed!

• - Vintage Motorsport – “Author Ross Bentley dishes on what every professional track driver knows about driving that you probably don’t. He’s no amateur; Bentley won the United States Road Racing Championship while driving for BMW-backed racing team, and the 2003 24 Hours of Daytona. Even if you’re not venturing onto a track, knowing how to clip an apex should help on freeway ramps.

• - The Virginian-Pilot

Ross Bentley is the author of the popular Motorbooks Speed Secrets series. He is a racing coach, race car driver, author, and speaker. Bentley grew up in a racing family in Vancouver, British Columbia. He raced in the CART Indy Car series in the 1990s before moving on to endurance racing, where he won the 1998 GT3 United States Road Racing Championship and the 2003 SRP II Class Rolex 24 Hours of Daytona. Bentley currently resides in Redmond, Washington. Official Website: www.speedsecrets.com

This is a great book on high performance and race driving. I’ve participated in about a dozen HPDE’s (High Performance Driving Event) with amazing and knowledgeable instructors. I learned a ton at all of the HPDE’s and got to practice some of what is discussed in this book. However, I learned more about the physics, techniques, explanations and secrets to driving fast within the first 150 or so pages of this book than I did at all those events combined. That statement isn’t to diminish how much I learned either from my drivers at these HPDE’s. There is very little substitute for getting behind the wheel and feeling and practicing all this book discusses but it gives you all the knowledge you need in order to KNOW how to be a faster and safer driver. I think the instructors in the one or two-day events I go to can only cover so much and can only get so deep into the specifics of what this book discusses. Digging deeper into all the physics of driving on the edge and

how that applies to your available inputs (steering, braking, accelerating) is extremely helpful. I look forward to reading the remainder of the book but if I only had the first 150 pages I feel like I already got more than my money's worth from this book hence the early review.

With previous reviews of this book, I expected it to be a "can't put it down". But book starts slow, too slow for a racer with experience. Good book for the beginner.

Amazing book if you're just getting started. Will save you a ton of hours on the track. Well written.

According to my HPDE club, this is the bible. But it appears good for Autocross, HPDE and racing. I read the first one while at my b-in-laws (an instructor) and this one combines all of his books. Its amazing to read multiple things I have learned on multiple tracks. There are other things I have learned but could not explain until I read it in print. Very good material...

Very good technical book.

I use the instructions that are in this book to make my race driving better!!

Haven't finishing reading the whole book but a lot of insight on how to be faster, aerodynamics, which corners to concentrate on first. It breaks down a lot of the aspects of racing. I definitely would recommend it.

I have read two or three other books discussing race car and autocross driving techniques. This one provides the best insight into the driver/car interaction by far. It discusses in concise detail what is happening and has provided me with the tools to analyse my own driving in a way that should help me to improve.

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high fiber diet, high fiber recipes, high fiber cooking) Driving the Pacific Coast: Oregon and Washington: Scenic Driving Tours Along Coastal Highways (Driving the Pacific Coast California) Speed Reading: Triple Your Reading Speed in Less than 24 Hours: The Comprehensive Guide to Speed Reading and Skyrocketing Your Productivity Speed Reading: The Comprehensive Guide To Speed Reading ãâ ¯â œ Increase Your Reading Speed By 300% In Less Than 24 Hours Speed of Thought = Speed of Play: 25 Training Sessions That Increase Speed of Play In Soccer Get Fit Now For High School Basketball: The Complete Guide for Ultimate Performance (Get Fit Now for High School Sports) Speed Boat (High Interest Books: Built for Speed) Swim Speed Secrets for Swimmers and Triathletes: Master the Freestyle Technique Used by the World's Fastest Swimmers (Swim Speed Series) Race Car Aerodynamics: Designing for Speed (Engineering and Performance) Porsche High-Performance Driving Handbook Bob Bondurant on High Performance Driving The Essential Driving Guide for Italy (Essential Guide to Driving in Europe) National Geographic Driving Guide to America, Pacific Northwest (NG Driving Guides) National Geographic Driving Guide to America, Southwest (NG Driving Guides) National Geographic Driving Guide to America, California (NG Driving Guides) Driving and Discovering Hawaii: Oahu, Honolulu and Waikiki (Driving and Discovering Books)

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